



Public Speaking

District & State O-Rama – Junior & Senior 4-H'ers

Ag Communications



Learning how to express yourself in a formal public presentation is an asset that will be valuable to you throughout life. **Most 4-H members at some time are called to make a talk or an oral report.** The more professionally you can present these, the greater will be the response by others and the more opportunities you will have to become involved in like activities.

OBJECTIVES

Targeted Life Skills: self esteem, marketing, character development, critical thinking, communication and responsible citizenship.

Opportunity will be provided for faculty to share information about related college degree programs in speech, communications and AG communications and career options such as teaching, public relations, politics, agricultural sales, extension agents, and radio/TV announcing

ELIGIBILITY

Each county may enter the junior and senior county 4-H winner at the District 4-H O-Ramas. Each participant must have made at least one presentation before a major group such as civic clubs, school, or church groups, etc. The top five seniors from each District 4-H O-Rama will be eligible to compete at the Arkansas 4-H O-Rama.

OVERVIEW

Your speech should cover the topic of your choice. For the Public Speaking Activity, you should refer to the following publications: BU8156: Communications Express Yourself Picking Up The Pieces, BU8157: Communications Express Yourself Putting It Together Level 2 and BU8158: Communications Express Yourself The Perfect Fit Level 3. You should NOT state your name and club at the beginning of your speech. **Also, do NOT solicit questions at the end of your speech. Handheld notes and a rostrum may be used during your speech. Visuals are not allowed, including posters and use of dry erase boards or chalk boards.**

THE RATING SHEET

Each participant is judged using the 4-H PUBLIC SPEAKING RATING SHEET, (CES-611). This form has been revised to reflect a 1-5 scale for participants – 1 being the lowest and 5 the highest for a total possible score of 50 points. Space has also been given by each performance area for comments by the judges.

TIME LIMITATIONS

Juniors will be allowed 2 to 5 minutes and seniors from 5 to 8 minutes for their presentation. A penalty of 5 points will be assessed against participants who do not stay in the time limits.

AWARDS

District 4-H O-Rama: 1st place junior and senior winners will receive a trophy. 2nd, 3rd, 4th, and 5th winners will receive ribbons.

Arkansas 4-H O-Rama: 1st place winner will receive a trophy. 2nd, 3rd, 4th, and 5th winners will receive ribbons.

PREPARED BY Shareese Kondo, Extension Communications Specialist

Note: Participation in the county and district public speaking activity may be reported in your 4-H Journal under public speaking, citizenship, leadership, etc.



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University of Arkansas, United States Department of Agriculture,
 and County Governments Cooperating

4-H PUBLIC SPEAKING RATING SHEET

CES-611

Name of Participant _____ County _____

| CATEGORY |  | RATING (circle one) | | | | |  | COMMENTS |
|---|---|---------------------|---|----|---|---|--|------------|
| APPEARANCE <i>(Appropriate for occasion and audience)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| OPENING <i>(Attention-getting, led into topic)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| BODY OF SPEECH <i>(Logical flow, points supported by examples)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| CONCLUSION <i>(Effective)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| PREPARATION <i>(Organization, rehearsal)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| SPEECH VALUE <i>(Original, interesting)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| VOICE <i>(Volume, variety)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| ARTICULATION | | 1 | 2 | 3 | 4 | 5 | | |
| MANNER <i>(Confidence, assurance, sincerity, enthusiasm)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| PHYSICAL ACTIONS <i>(Gestures, body movements, eye contact, facial expression)</i> | | 1 | 2 | 3 | 4 | 5 | | |
| TIME <i>(Juniors 2-5 minutes)</i> <i>(Seniors 5-8 minutes)</i> | | | | -5 | | | | Over/Under |

Judge _____ Total _____

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