

# 4-H JOURNALS

## 4-H STORY



You can get information for your “4-H Story” by having someone interview you while your answers are recorded. Some questions you can answer are:

1. Describe your family and home environment.
  - a. How do you feel about it?
  - b. How are you different?
2. How did you get interested in 4-H and your project area?
3. What has your experience in working on your project meant to you?
  - a. Was it difficult, easy, etc.
  - b. How has it changed you?
4. Describe how you feel about the experience you gained giving demonstrations.
  - a. How did you feel the first time you gave a presentation?
  - b. How do you feel about giving demonstrations now?
  - c. How will this experience help you later in life?
5. What was the most rewarding experience you had?
  - a. during your project work?
  - b. In your 4-H work?
6. What was your greatest disappointment or failure?
  - a. Why was it disappointing to you?
  - b. How did you handle the disappointment or failure?
  - c. Do you still have problems understanding your failure or disappointment?
7. Describe the person who inspired or encouraged you in:
  - a. Your project work.
  - b. Your 4-H work.
8. Describe how you have helped others in 4-H.  
- How do you feel about helping others?
9. What career(s) do you have an interest?
  - a. Do you want to go to college?
  - b. Do you want to go to a trade school?
  - c. What do you want to do as an adult?

**ANSWER THESE QUESTIONS WITH FEELING!**