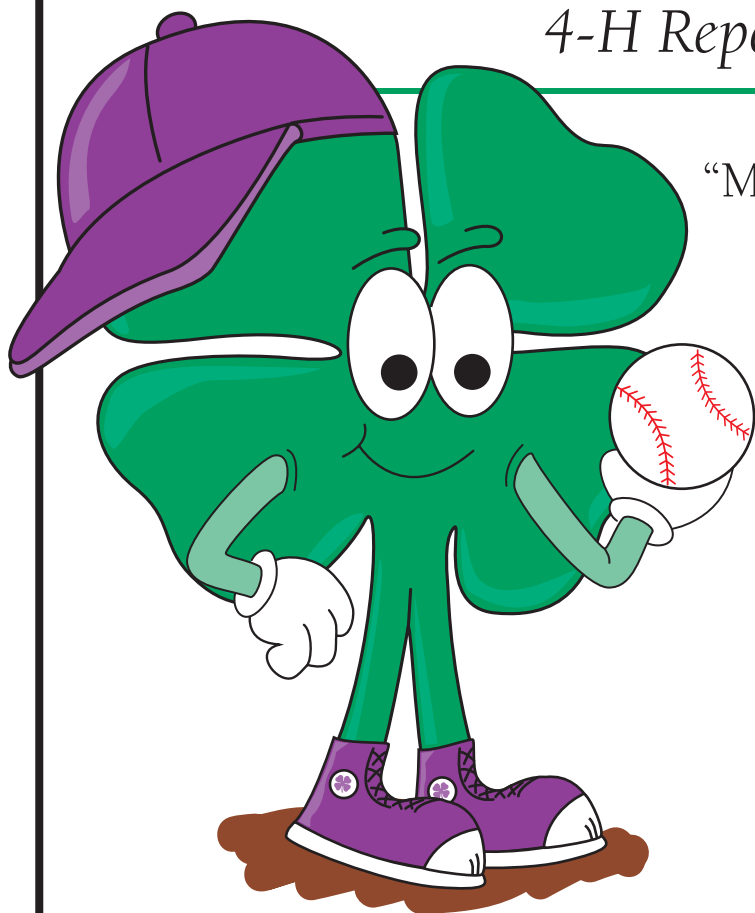


# MY 4-H Clover Bud JOURNAL

4-H Report Form



**"BUD"**

“My aim is to put down on paper what I see and what I feel in the best and simplest way.”

– Ernest Hemingway

**UofA**

UNIVERSITY OF ARKANSAS  
DIVISION OF AGRICULTURE

Cooperative Extension Service



Name \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_

4-H Club \_\_\_\_\_ Age \_\_\_\_\_

## **Guide for Completing Your 4-H Clover Bud Journal**

Keeping a 4-H journal is part of your overall 4-H Clover Bud experience. A 4-H Clover Bud Journal is kept by 4-H'ers ages 5 to 8. A 4-H journal is an important part of completing each project. It is a written history of your project work. Keeping a 4-H journal helps you make a plan (goals), be organized, make decisions and just have fun.

Completing your 4-H Clover Bud Journal can make you feel good about yourself. You did it! Your journal:

- Helps you earn credit for completing the 4-H year.
- Makes you eligible to participate in other activities.
- Helps you learn important life skills.
- Gives you a chance to be recognized on the county level.
- Helps you set higher goals – and more!

The 4-H Clover Bud Journal should include:

- A standard 4-H cover – green Member's Record Cover (purchase through the county office).
- 4-H Clover Bud Record Report Form, pages 1-6.

### **4-H Report Form, pages 1-6**

Report the last year of your project work unless otherwise stated on the form. When preparing this report form, it should be either handwritten, typed or completed on a computer in this format. Do not repeat information. List things only one time. No additional pages can be added to this form.

My main 4-H project is

My other 4-H projects are

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I went to \_\_\_\_\_ club meetings, and they were about

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I like being a Clover Bud because \_\_\_\_\_

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**Leadership** - Check (✓) the things you did.

- Led the 4-H pledge
- Led the pledge of allegiance
- Led a song
- Gave a talk
- Gave a demonstration
- Made a motion
- Other \_\_\_\_\_
- Other \_\_\_\_\_

### **Elected and Appointed Leadership**

Were you a member of a committee in your club or a club officer? List them here.

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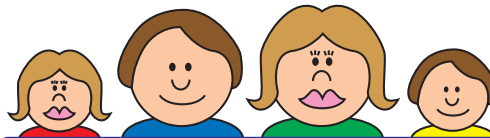
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### **Community Service**

Community service is doing things for other people. List what you did.

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## Awards

List any awards won in 4-H.

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## 4-H Marketing

Who did you tell about 4-H? What did you do to promote 4-H?

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## Non-4-H Activities

(like school, church, sports)

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## **Show and Tell - Main Project**

Draw, attach pictures and/or make lists of things you did in your main project.

## **Show and Tell - Other Projects**

Draw, attach pictures and/or make lists of things you did in your other projects.

Materials adapted using record book guidelines from Arizona Cooperative Extension Service, Oklahoma Cooperative Extension Service, Tennessee Cooperative Extension Service and Texas Cooperative Extension Service.

### **Prepared By**

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